

Excerpt from Pendulum, L-Rod, Y-Rod: The Ultimate Guide to Dowsing

Introduction

Questions, questions, questions! We all have questions and face decisions every day of our lives. What do we do when we need answers and it seems impossible to find them? What do we do when there seems to be no way to confirm an answer we do come up with? Can we feel confident about our decisions? Or, how can we be sure we have based our decisions on the correct information?

When answers are needed, a pendulum is a remarkable tool; the ability to use a pendulum is a skill worth acquiring! In this book I will share with you the techniques for using the pendulum and other dowsing instruments. I have been working with these tools for many years now, and for me the when, where, and how to use the tools we will talk about is as natural as breathing. It feels as though this skill has been programmed into my psyche.

In this book I will explore a variety of methods and techniques with you, so that you can gain access to the flow of energy that surrounds all of us, and begin to find your own answers to the questions you have. Follow the simple, accurate methods I have used and taught for many years, and you can feel confident that you will be able to find the answers to your many questions. Using the pendulum can become as natural as breathing for you, too.

The techniques I will demonstrate in this book have been engraved in my being for so many years that I use my pendulum naturally and process the information instinctively. Use them regularly, and you too will feel confident of your skill.

Whether you use a pendulum, L-Rod, Y-Rod, or bobber, technically this is known as dowsing. One can dowse for water, for minerals, for lost objects, for information, for confirming an answer—endless possibilities.

The pendulum has some of the same uses as the other dowsing instruments; however, each had its own unique qualities. The pendulum has the advantage of being easier to carry in a pocket or in a purse; one can hold it in one hand, leaving the other free. I often use my pendulum to find out if someone will like a certain gift, even how much (to what degree or percent) they will like it. I might ask "Is this watermelon ripe?" "Where is the best place to go for vacation?" "What price should I sell my home for?" Or, I might use the pendulum to gain a clearer understanding from a Tarot card spread.

I prefer using my pendulum when I map-dows for water, or to discover whether or not the soul of someone who has died crossed over (and if not, later, after helping them cross over, my pendulum can be used to confirm they have completed their journey). Many people use their pendulum to check to see if they need to be taking certain vitamin or herbal supplements, to confirm which ones are best for them, to ascertain how many capsules should be taken and how often.

Any list of reasons we can compile for using a pendulum certainly runs the gamut of daily living experiences and then some! In short, any time you have a question, you can use the pendulum or one of the other dowsing tools to get an answer. This is not magic, not a ouija board. In this book I will show you how to make sure that your pendulum, L-Rod, or Y-Rod is programmed, so that you never feel any reason to fear the process or the answers you discover as you work with these tools.

How accurate is the pendulum? Every person who uses one has their own answer to this question, and no one can argue with another's perception of their outcome. But, if you absorb the information I'm going to share with you, believe in it, program your pendulum correctly, and use it, use it, use it, there is no reason not to experience nearly 100% accuracy!

Do I use the pendulum every day? Probably. I have been known to whip out the pendulum at a moment's notice. For me, using these tools has become as natural as breathing. In short, I have "become the pendulum"—a technique you too can learn, and which I will explain later in the book.

Everyone can learn the techniques I'll share with you in these pages. Believe that you can learn them and you will. Henry Ford said it very well, "If you believe you can do something or believe you can't, you're probably right."

This ultimate guide to dowsing will reveal how to successfully use pendulums, L-Rods, and Y-Rods. It will offer a wide perspective on how others successfully have used these tools (including their backgrounds and stories). You will also find a variety of techniques and suggestions you can apply in your own research and discovery process—in short, everything that you need to use your pendulum successfully.

The belief part, well, that's up to you!